

FOR IMMEDIATE RELEASE

Langley Lodge Winter Seminar Series Informs Seniors on Protecting Finances

Langley, B.C., December 23rd, 2012. The Winter Public Education Series is offered on the 3rd Tuesday of each month at 7pm at the Langley Lodge on 204th Street and 54th Avenue in Langley City. The Series' focus is to provide free education for local citizens, on topics relevant to seniors and aging, primarily concerning health and wellness. The Winter 2012 Series will run from January through April and the theme is Protecting Your Finances. Guest Speakers are experts and sessions are typically 60 to 90 minutes duration. Light refreshments are served, and most speakers provide printed information to take home. Education about aging is important for Langley residents who, along with the general population, are aging and comprise a growing seniors demographic in the region.

In January, a Financial Planning Advisor will speak on the subject of Estate Planning and general tax matters pertaining to estates and planned giving. In February, the Public Trustee's Office will have information on financial and personal care management for adults. In March, a tax accountant will provide information on senior's tax credits and income/pension splitting, and in April, the BC Elder Advocacy group will present a module on senior's fraud schemes and how to protect yourself from common scams targeting seniors. All guest speakers are donating their time, to allow Langley Lodge to host the series for free to the general public.

"The demand for local, accessible and free education on seniors health and wellness issues has been steady since we started the program in 2010," said Debra Hauptman, Executive Director of Langley Lodge. "We are delighted to host the series for Langley residents as a community service."

Langley Lodge is an accredited, not-for-profit senior's residential care organization, established in 1974. They are located at 5451-204th Street in Langley City.

For more details, readers are encouraged to visit:

<http://www.langleylodge.org/monthly-activities-calendar/special-events/>

To register, please contact:

Dayna Driscoll, Social Worker

604-532-4241 or ddriscoll@langleylodge.org

###

Contact:

Debra Hauptman, Executive Director

Ph. 604-532-4216

dhauptman@langleylodge.org